WALK DESCRIPTION

Waypoints

4

 (Σ) TOSCAL LONGUERA Church of Our Lady of Guadalupe START

2 aving the main road we turn left onto the street "calle Media Cuesta". We descend along "calle El Cardón" to the intersection with the street "calle El Cedro".

We then reach a stretch of stone

paved path through abandoned

area of the Acapulco and Maritim

track that runs along the beach.

apartments.

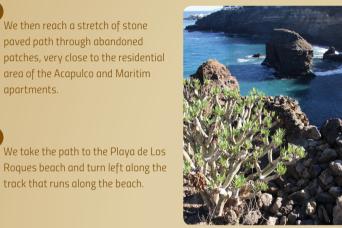
Ne link up with a dirt track that takes us to a cemented path that runs between the fence of a banana plantation to the left and a concrete wall on the right.

Ne start out on the square in

front of the Church of Our Lady of

Guadalupe and descend along the main road through the Toscal-

Longuera shopping area.



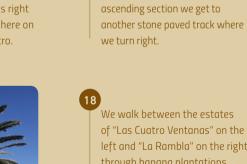
6 The route takes us to the streets of the urbanization La Romántica II where on the right hand side we reach the streets of "Las Amapolas", "Las Palmeras", "Las Rosas" and finally "Los Geranios" where we again turn right.

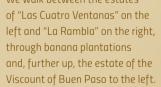
8 We can stop at several bends in this path to contemplate the views of the coast which reach from the Isla Baja to the shallows of El Pris in Tacoronte.

enter the track over the Riscos de Méndez cliffs which is flanked by Canary salt cedar and bands of tuff.

Before reaching the wooden bridge over the Grodejuela or Palo Blanco gorge we get to see the ruins of the old water pumping station of La Gordejuela.

Descending to the bed of the Godínez gorge, we get to a small bridge that allows us to situate ourselves right above the gorge's bed. From here on we enter the Rambla de Castro.



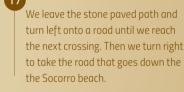


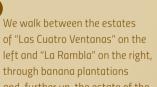
We reach the road of "El

Mayorazgo" where, after an









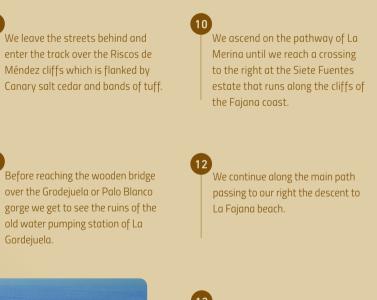
We continue downwards on the road that leads to the beach. Higher up we can see the hermitage of Our Lady of Perpetual Help (Socorro in Spanish). We finish on the Socorro beach promenade.



TEMERGENCY CALL 112

The beach of El Socorro





MAP

Further along the main path we pass two junctions to the right and three to the left that lead to San Fernando's fort and the old track that leads to the dragon tree of the Rambla de Castro and the palm grove.

We continue along the main path until we reach the house of Castro. To the left we pass an intersection that takes us to "La Madre del Agua".



Canary palm tree (Phoenix canariensis)

From the house we ascend the

stone paved track of the Rambla de

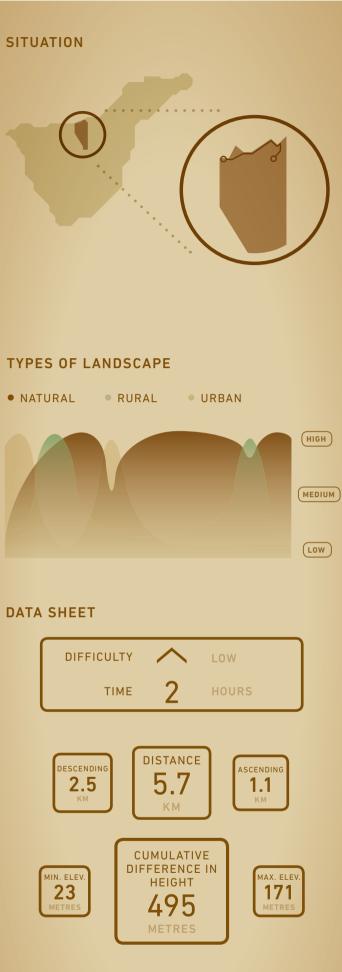
Castro and to the right, leaving the

main path, we take a pathway that

enters a stretch of palm trees.







LEGAL DISCLAIMER

This leaflet is meant to be informative. The information it contains can depart from reality and cannot precisely represent the actual state of trails and paths which may have suffered alterations due to weather and other factors after this information was printed. We remind you that adequate means and equipment have to be used for hiking and that you should always act with the necessary precaution that this activity demands. The town hall of Los Realejos publishes this leaflet to make the trails of the municipality known to the public and does in no manner assume responsibility for its incorrect or negligent usage.



INTRODUCTION

The trail known as the Water Trail is the result of decades of repairs that have helped to recover the old tracks that were used by fishermen and locals of the area to access the coast.

Now, most of the expanse of the nature reserve of the Rambla de Castro with its different enclaves, can be walked through and the beauty of the municipality of Los Realejos' coast appreciated, with its sand and pebble beaches, bays and natural pools. All this within the protection of the reserve that was established in 1987 and received its current denomination in 1994, with a surface area of 45,9 hectares.

This trail offers visitors the opportunity to take an interest in the area's natural wealth, its fauna and flora and its need for preservation.

The trail leads into one of the most beautiful areas of the island, where nature, history, the landscape and legends merge in a journey sprinkled with beauty and with the always present murmur of water.

The famous palm grove, the Castro manor, San Fernando's Fort and the pumping station of la Gordejuela are essential waypoints on the path that tell us about the natural, historic, strategic and industrial importance of this place.



Canary orobal (Withania ari

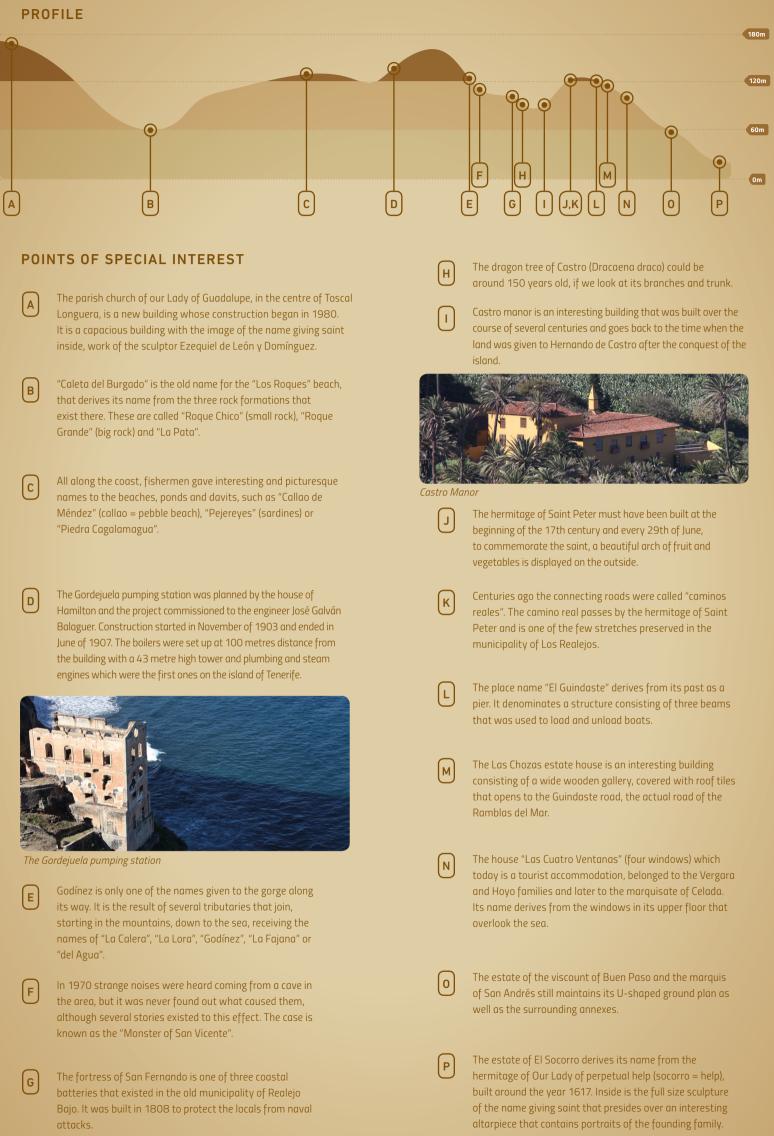
FLORA AND FAUNA

If we pay a little attention along the way, we can observe the most representative passerines of the coastal areas of the island's north, between the Los Roques beach and the San Pedro lookout. Among the species and subspecies we can see are the blue tit and the leaf warbler, the Eurasian blackcap and the Sardinian warbler, blackbird, grey wagtail and the ever present Atlantic canary. Some of these small birds, but especially the leaf and the Sardinian warblers, like to build their nests in the dense Canary incense that grows close to the house.

In the surroundings of the Rambla de Castro estate manor we find a large, apparently

man made grove of Canary palm trees (Phoenix canariensis). In places the foliage creates a dense cover where leaves and trunks intertwine, forming a refuge for winged species such as the longeared owl or certain types of bats.

From a geological point of view, and even delving into paleontology, a journey through this part of the island's north coast offers insights into relevant and little known facts. With help of a specialist guide we can discover elevated beaches, the remains of large scale landslides, the imprints of plants in rocky layers and molds of thermophile trees and bushes that were covered by ancient streams of lava.





THE WATER TRAIL

ENGLISH · AUGUST 2018 edition





GENERAL RECOMMENDATIONS



THINK AHEAD Wear adequate clothes and shoes, bring solar protection cream, a hat, a

jacket and a charged mobile phone.



AVOID MAKING NOISE better in silence.



RESPECT THE ENVIRONMENT take animals or objects from the locals' way of life.

BUS

Toscal: Lines 381, 354 and 353. Municipal office of tourism Maritim: Line 381. El Socorro next to TF5: Lines 107, 108, 363 and 325. Socorro beach: Line 546 (Only in



HIKE IN COMPANY Inform family or friends walk on marked paths



DON'T LEAVE RUBBISH

Take any rubbish with you and be especially careful with cigarette ends.



BE CAREFUL Hiking in nature holds isks. You hike under your

+INFO:

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